

Regenerative / Injection Therapy Patient Screening

REGENERATIVE MEDICINE & INJECTION PROCEDURES PACK

Patient / DOB _____

Proposed procedure _____

Treatment area _____

Current medications _____

Allergies _____

Relevant diagnoses _____

Prior injections/procedures _____

- | | |
|---|---|
| ☐ Active infection | ☐ Anticoagulant/bleeding concern |
| ☐ Immune suppression | ☐ Pregnant/breastfeeding |
| ☐ Cancer history/current treatment | ☐ Poor wound healing |
| ☐ Allergy to planned agents | ☐ Recent surgery/injection |
| ☐ Uncontrolled medical condition | ☐ Other clinician-review concern |

Exam/imaging reviewed _____

Eligibility / modifications _____

Patient / Clinician Signature: _____ **Date:** _____

Second Reviewer / Clinician: _____ **Date:** _____

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PRP Procedure Informed Consent

REGENERATIVE MEDICINE & INJECTION PROCEDURES PACK

I consent to collection of my blood, preparation of platelet-rich plasma (PRP), and administration as documented by my clinician. I understand outcomes vary and benefit cannot be guaranteed.

- | | |
|---|---|
| ☐ Blood-draw discomfort/bruising | ☐ Pain/swelling |
| ☐ Bleeding | ☐ Infection |
| ☐ Nerve/tissue injury | ☐ Inflammatory reaction |
| ☐ Temporary symptom worsening | ☐ No improvement / need for additional treatment |

Indication _____

Treatment area _____

Preparation system _____

Alternatives discussed _____

Patient / Clinician Signature: _____ Date: _____

Second Reviewer / Clinician: _____ Date: _____

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PRF Procedure Informed Consent

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I consent to collection and preparation of my own blood for platelet-rich fibrin (PRF) treatment. I understand preparation and intended use should be documented for the actual procedure and that results vary.

- | | |
|---------------------------|--|
| ■ Blood-draw discomfort | ■ Pain/swelling |
| ■ Bruising/bleeding | ■ Infection |
| ■ Inflammatory reaction | ■ Nerve/tissue injury |
| ■ Unsatisfactory response | ■ Need for repeat/additional treatment |

Indication _____

Treatment area _____

Preparation/use _____

Alternatives _____

Patient / Clinician Signature: _____ **Date:** _____

Second Reviewer / Clinician: _____ **Date:** _____

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Joint / Musculoskeletal Injection Consent

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I consent to the injection procedure identified below. Risks depend on anatomy, medication/product, technique, and patient factors.

- | | |
|---------------------|---|
| ■ Pain | ■ Bleeding/bruising |
| ■ Infection | ■ Temporary flare |
| ■ Allergic reaction | ■ Nerve injury |
| ■ Vascular injury | ■ Tendon/cartilage/tissue injury where relevant |
| ■ No benefit | ■ Need for additional treatment |

Joint/region _____

Agent/product _____

Guidance method if used _____

Alternatives discussed _____

Patient / Clinician Signature: _____ **Date:** _____

Second Reviewer / Clinician: _____ **Date:** _____

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Trigger Point / Soft-Tissue Injection Consent

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I consent to injection of the identified muscle/soft-tissue area using the agent documented in my record.

- | | |
|--|--|
| ☐ Pain/bruising | ☐ Bleeding |
| ☐ Infection | ☐ Temporary worsening |
| ☐ Allergic reaction | ☐ Nerve injury |
| ☐ Pneumothorax or organ injury depending on anatomical site | ☐ No benefit |

Treatment area _____

Agent _____

Special anatomical risks discussed _____

Patient / Clinician Signature: _____ **Date:** _____

Second Reviewer / Clinician: _____ **Date:** _____

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Product / Biologic Regulatory Disclosure Worksheet

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Use this worksheet to document the exact product and its regulatory status. Do not characterize a human cell/tissue, exosome, stem-cell, Wharton's jelly, amniotic, or other biologic product as FDA-approved unless that specific product and use are in fact approved. FDA has warned that many regenerative products marketed for disease or orthopedic treatment are unapproved.

Product _____

Manufacturer/source _____

Lot/identifier _____

Product category _____

FDA approval/licensure status verified _____

HCT/P or other regulatory basis asserted by supplier _____

Intended clinical use _____

On-label/off-label/unapproved status discussed _____

Patient disclosure provided _____

Source documents retained _____

Patient / Clinician Signature: _____ **Date:** _____

Second Reviewer / Clinician: _____ **Date:** _____

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Injection Procedure Record

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Patient _____

Date _____

Procedure _____

Anatomic site _____

Laterality _____

Skin prep _____

Local anesthetic _____

Product/medication _____

Dose/volume _____

Lot/expiration _____

Guidance method _____

Needle/equipment _____

Tolerance _____

Immediate complications _____

Post-procedure instructions _____

Follow-up plan _____

Patient / Clinician Signature: _____ Date: _____

Second Reviewer / Clinician: _____ Date: _____

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Post-Procedure Instructions & Warning Signs

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I received procedure-specific instructions. Depending on the procedure, worsening pain, fever, spreading redness, drainage, new weakness/numbness, shortness of breath, severe allergic symptoms, significant bleeding, or other concerning changes may require prompt clinical or emergency evaluation.

Procedure _____

Activity restrictions _____

Medication instructions _____

Wound/site care _____

Practice contact _____

Follow-up date _____

Patient / Clinician Signature: _____ **Date:** _____

Second Reviewer / Clinician: _____ **Date:** _____

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Regenerative / Injection Adverse Event Record

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Patient/record identifier _____

Procedure/product _____

Date/time _____

Lot/source _____

Symptoms/findings _____

Severity _____

Immediate treatment _____

Clinician notified _____

Transfer/EMS _____

Manufacturer/vendor notified if appropriate _____

FDA MedWatch or other reporting considered _____

Outcome _____

Follow-up _____

Governance/root-cause review _____

Patient / Clinician Signature: _____ Date: _____

Second Reviewer / Clinician: _____ Date: _____

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Procedure Follow-Up Assessment

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Procedure/date _____

Treatment area _____

Pain/function before _____

Pain/function now _____

Patient-reported benefit _____

Activity/function change _____

Medication change _____

Adverse effects _____

Exam/findings _____

Next plan / additional treatment _____

Patient / Clinician Signature: _____ **Date:** _____

Second Reviewer / Clinician: _____ **Date:** _____

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Patient Expectations & Non-Guarantee Acknowledgment

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I understand response to injection or regenerative procedures varies and no specific degree or duration of improvement is guaranteed. I understand alternatives, including no procedure and other established treatments, should be discussed based on my condition.

Patient goal _____

Expected course discussed _____

Alternatives discussed _____

Questions answered _____

Patient / Clinician Signature: _____ **Date:** _____

Second Reviewer / Clinician: _____ **Date:** _____

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